



# Hurworth Primary School PE Long Term Plan



	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
Reception	Gymnastics	Speed, Agility, Travel Balance Bikeability	Dance	Body	Manipulation and	Cooperate and Solve Problems
				Management	Coordination	
Year 1	Run, Jump, Throw Unit 1	Dance Unit 1	Dance Unit 2	Gymnastics Unit 1	Run, Jump, Throw Unit 2	OAA
	Attack, Defend, Shoot Unit 1	Attack, Defend, Shoot Unit 2	Send and Return Unit 1	Send and Return Unit 2	Hit, Catch, Run Unit 1	Hit, Catch, Run Unit 2
Year 2	Run, Jump, Throw Unit 1	Gymnastics Unit 1	Gymnastics Unit 2	Dance	Run, Jump, Throw Unit 2	OAA
	Attack, Defend, Shoot Unit 1	Attack, Defend, Shoot Unit 2	Send and Return Unit 1	Send and Return Unit 2	Hit, Catch, Run Unit 1	Hit, Catch, Run Unit 2
Year 3	Rounders	Dance	Gymnastics	Badminton	Swimming	Swimming
	Football	Tag Rugby	Hockey	Cricket	Athletics	OAA
Year 4	Rounders	Dance	Swimming	Swimming	Athletics	Hockey
	Football	Tag Rugby	Gymnastics	Badminton	Cricket	OAA
Year 5	Rounders	Swimming	Dance	Gymnastics	Athletics	OAA Top Up Swimming
	Football	Tag Rugby	Badminton	Hockey	Cricket	Basketball Bikeability
Year 6	Swimming	Rounders	Dance	Gymnastics	Athletics	OAA Top Up Swimming
	Football	Tag Rugby	Badminton	Hockey	Cricket	Basketball