

	Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Gymnastics Balance (IPEP)	Fitness and stamina Ball skills Throwing and catching (Invasion) (IPEP)	Fitness and stamina Dance Dance Fictional Characters - Pirates (IPEP)	Fitness and stamina Ball skills Dribbling to Invade (Invasion - Hockey and Football) (IPEP)	Fitness and stamina Dance Dance Style - Charleston (IPEP)	Fitness and stamina Ball skills Invasion in a Team (Hockey and Ball Skills) (IPEP)	Fitness and stamina Dance Dance Style - Street Dance (IPEP)
Autumn 2	Gymnastics Stretching Shapes (IPEP)	Rugby skills Dance Dance Animals - Jungle (IPEP)	Rugby skills Ball skills Sending and Receiving (Invasion) (IPEP)	Rugby skills Dance Dance Style - Bollywood (IPEP)	Rugby skills Net games Returning (Net Games - Tennis and Volleyball) (IPEP)	Rugby skills Dance Dance Style - Rock 'n' Roll (IPEP)	Rugby skills Ball skills Invasion games Beating the defender

	Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Spring 1	Dance Fictional characters - Julia Donaldson (IPEP)	Football skills Net games Balance and Control - Striking (Net Games) (IPEP)	Football skills Gymnastics Gym - Balance and Co-ordination (IPEP)	Football skills Net games Over the net (Net Games) (IPEP)	Football skills Gymnastics Gym - What's my direction? (IPEP)	Football skills Net games Accuracy and Rallies (Net Games) (IPEP)	Football skills Gymnastics Gym - Complex Sequences 'Mountains' (IPEP)
Spring 2	Outdoor adventure Fun games with friends (IPEP)	Netball/basketball Gymnastics Gym - Position and Direction (IPEP)	Netball/basketball Net games Striking for Accuracy (Net Games) (IPEP)	Netball/basketball Gymnastics Gym - Jumping 'Splashing Rivers' (IPEP)	Netball/basketball Ball skills Dribbling, Movement & Teamwork (Invasion - Hockey & Football)	Netball/basketball Gymnastics Gym - Travelling and Turning 'Earthquakes' (IPEP)	Netball/basketball Net games Net Games for Points (Net Games) (IPEP)

	Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Summer 1	Dance Animals - Mini Beasts (IPEP)	Hockey skills Athletics skills Running and Jumping (Athletics) (IPEP)	Hockey skills Athletics skills Movements (Athletics) (IPEP)	Hockey skills Orienteering Thinking aloud Outdoor adventures (IPEP)	Hockey skills Orienteering Decision making Outdoor adventures (IPEP)	Hockey skills Orienteering Leadership Outdoor adventures (IPEP)	Hockey skills Orienteering Finding success Outdoor adventures (IPEP)
Summer 2	Athletics Fun with Quoits and Cones (IPEP) Sports Day practice	Strike and field games, such as rounders and cricket Athletics Sports Day practice	Strike and field games, such as rounders and cricket Athletics Sports Day practice	Strike and field games, such as rounders and cricket Athletics Being an athlete (Athletics) (IPEP) & Sports Day practice	Strike and field games, such as rounders and cricket Athletics Record Breaking (Athletics) (IPEP) & Sports Day practice	Strike and field games, such as rounders and cricket Athletics Olympic Training (Athletics) (IPEP) & Sports Day practice	Strike and field games, such as rounders and cricket Athletics Going for Gold (Athletics) (IPEP) & Sports Day practice

**** Swimming will recommence in Autumn 2 following the lifting of Covid-19 restrictions. The timetable for swimming will be prioritised so that children achieve the required standard of swimming by the end of key stage two. Classes will be informed of their swimming slot with plenty of notice.**