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| **Week 1** | **Meat Free Monday** | **Best of British Tuesday** | **Around the World Wednesday** | **Roast Dinner Thursday** | **Favourites Friday** |
| **MEAL CHOICE 1** | **Cheese and Tomato Pasta with Garlic Bread and Carrot Batons** | **Ham, wedges with beans or sweetcorn** | **Chicken Korma with rice and Naan** | **Cottage pie with broccoli and carrots** | **Chicken Goujon wrap with corn on the cob and vegetable sticks** |
| [Image result for healthy main dishes clip arts](https://www.bing.com/images/search?view=detailV2&ccid=+QTjX85l&id=34A500C0B165AA293854F37C555CC3DE49052317&thid=OIP.-QTjX85lnMgEzoNCQEiPZgHaFk&mediaurl=https://img.scoop.it/5gnouA26eRA13ZoDOerkW4XXXL4j3HpexhjNOf_P3YmryPKwJ94QGRtDb3Sbc6KY&exph=340&expw=452&q=healthy+main+dishes+clip+arts&simid=608040464675047516&selectedIndex=87)  **MEAL CHOICE 2** | **Tuna and sweetcorn roll with veggie sticks** | **Cheese roll, wedges and sweetcorn** | **Jacket potato with cheese and beans** | **Tuna and cucumber pasta with homemade bread** | **Mini quiche with corn on the cob and vegetable sticks** |
| [Image result for Fruit Clip Art](https://www.bing.com/images/search?view=detailV2&ccid=Y9Vqqjgc&id=00520D48FBC6C7C0CEABAD3DBC3DE1DF6ACE82AE&thid=OIP.Y9VqqjgcNTe8ZoFyPi5zQgHaEK&mediaurl=http://images.clipartpanda.com/fruit-clipart-maxresdefault.jpg&exph=720&expw=1280&q=Fruit+Clip+Art&simid=608006289377463896&selectedIndex=2) | **Yoghurt**  **or**  **A selection of seasonal fruit** | **Cornflake tart and custard**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Ginger biscuits**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Yogurt**  **or**  **A selection of seasonal fruit** | **Jelly**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** |

***\*\*All dietary requirements will be catered for, i.e. vegetarian, lactose or dairy free etc…***

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| **Week 2** | **Meat Free Monday** | **Best of British Tuesday** | **Around the World Wednesday** | **Roast Dinner Thursday** | **Favourites Friday** |
| **MEAL CHOICE 1** | **Homemade cheese and tomato pizza wrap with veggie sticks** | **Chicken burger in a wholemeal bun with chunky chips** | **Pasta Bolognese with homemade bread** | **Roast chicken dinner with homemade yorkshire puddings, roast potatoes,** | **Sausage in a bun, hash browns, beans or peas** |
| [Image result for healthy main dishes clip arts](https://www.bing.com/images/search?view=detailV2&ccid=+QTjX85l&id=34A500C0B165AA293854F37C555CC3DE49052317&thid=OIP.-QTjX85lnMgEzoNCQEiPZgHaFk&mediaurl=https://img.scoop.it/5gnouA26eRA13ZoDOerkW4XXXL4j3HpexhjNOf_P3YmryPKwJ94QGRtDb3Sbc6KY&exph=340&expw=452&q=healthy+main+dishes+clip+arts&simid=608040464675047516&selectedIndex=87)  **MEAL CHOICE 2** | **Vegetable burger in a bun with veggie sticks** | **Ham roll with chunky chips with cucumber sticks** | **Jacket potato with cheese and beans** | **Cheese and ham pasta with cherry tomatoes** | **Cheese and potato pie, hash brown and beans or peas** |
| [Image result for Fruit Clip Art](https://www.bing.com/images/search?view=detailV2&ccid=Y9Vqqjgc&id=00520D48FBC6C7C0CEABAD3DBC3DE1DF6ACE82AE&thid=OIP.Y9VqqjgcNTe8ZoFyPi5zQgHaEK&mediaurl=http://images.clipartpanda.com/fruit-clipart-maxresdefault.jpg&exph=720&expw=1280&q=Fruit+Clip+Art&simid=608006289377463896&selectedIndex=2) | **Yoghurt**  **or**  **A selection of seasonal fruit** | **Ginger cake and custard**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Chocolate and orange cake**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Yoghurt**  **or**  **A selection of seasonal fruit** | **Carrot cake**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** |
| **Week 3** | **Meat Free Monday** | **Best of British Tuesday** | **Around the World Wednesday** | **Roast Dinner Thursday** | **Favourites Friday** |
| **MEAL CHOICE 1** | **Sea stars, wedges with beans or peas** | **Hot turkey baguette (with stuffing) with roasted new potatoes and carrot batons** | **BBQ Fajitas with tortilla chips and sweetcorn** | **Sausage, mash, peas, carrots and gravy** | **Wholemeal cheese and tomato pizza with beans or cucumber** |
| [Image result for healthy main dishes clip arts](https://www.bing.com/images/search?view=detailV2&ccid=+QTjX85l&id=34A500C0B165AA293854F37C555CC3DE49052317&thid=OIP.-QTjX85lnMgEzoNCQEiPZgHaFk&mediaurl=https://img.scoop.it/5gnouA26eRA13ZoDOerkW4XXXL4j3HpexhjNOf_P3YmryPKwJ94QGRtDb3Sbc6KY&exph=340&expw=452&q=healthy+main+dishes+clip+arts&simid=608040464675047516&selectedIndex=87)  **MEAL CHOICE 2** | **Cheese roll, wedges and cherry tomatoes** | **Corned beef pie with roasted new potatoes and carrot batons** | **Jacket potato with cheese and beans** | **Chicken and sweetcorn pasta with vegetable sticks** | **Ham baguette with beans or cucumber** |
| [Image result for Fruit Clip Art](https://www.bing.com/images/search?view=detailV2&ccid=Y9Vqqjgc&id=00520D48FBC6C7C0CEABAD3DBC3DE1DF6ACE82AE&thid=OIP.Y9VqqjgcNTe8ZoFyPi5zQgHaEK&mediaurl=http://images.clipartpanda.com/fruit-clipart-maxresdefault.jpg&exph=720&expw=1280&q=Fruit+Clip+Art&simid=608006289377463896&selectedIndex=2) | **Yoghurt**  **or**  **A selection of seasonal fruit** | **Beetroot chocolate cake and custard**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Apple and cinnamon cookies**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** | **Yoghurt**  **or**  **A selection of seasonal fruit** | **Lemon and white chocolate muffin**  **or**  **Yoghurt**  **or**  **A selection of seasonal fruit** |

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